

## **Prostate Ultrasound**

### **What is prostate ultrasound?**

A prostate ultrasound is an ultrasound using high-frequency sound waves. The high-frequency sound waves create an image of your prostate, a transrectal ultrasound picture (TRUS) that the doctor uses to take measurements of your prostate.

### **What happens during a prostate ultrasound?**

- The nurse will position you on the exam table.
- The doctor will feel your prostate with their finger, then they will insert the ultrasound probe into your rectum. This may cause discomfort or pressure in the rectum.
- Using the ultrasound images as a guide, several measurements of your prostate will be taken.
- The probe is then removed and the prostate ultrasound is complete.

